

NMO SPORTS



FUN
SAFE
PROFESSIONAL
INSPIRING



GYMNASTICS CLUB

At The Stoke Poges School

FUN, EXCITING GYMNASTICS CLASSES FOR BOYS & GIRLS

FROM RECEPTION TO YEAR 6

Start. Learn. Progress. Achieve. Our classes welcome children of all abilities, delivering expert coaching in a fun, safe and encouraging environment where every gymnast can reach their full potential.



CLASS TIMETABLE

TUESDAY

8:00 – 8:45am

Sept 15th, 22nd, 29th
Oct 6th, 13th, 20th
Nov 3rd, 10th, 17th, 24th

10 WEEKS
@ £6 PER WEEK = **£60**



THURSDAY

8:00 – 8:45am

Sept 17th, 24th
Oct 1st, 8th, 15th, 22nd
Nov 5th, 12th, 19th, 26th

10 WEEKS
@ £6 PER WEEK = **£60**

LED BY INTERNATIONAL COACHES

NICOLA OWEN-CAVALIERE



- ★ Former Great Britain International Gymnast
- ★ IAIGC World Champion
- ★ Over 25 years gymnastics experience
- ★ 20+ years coaching experience
- ★ British Gymnastics Level 3 Coach
- ★ First Aid & Safeguarding Qualified

Supported by experienced assistant coaches who are former international gymnasts.

MEET YOUR COACHING TEAM



CAITLYNN
International
Gymnast
Qualified Coach



NICOLE
International
Gymnast
Qualified Coach

Passionate about helping
every child shine!  

★ CLASSES RUN WITH A MINIMUM OF 6 PARTICIPANTS ★



EVERY CHILD ACHIEVES



WHAT TO WEAR



NEW TO GYMNASTICS?

TRIAL CLASS AVAILABLE – £6

A great opportunity to see if your child enjoys the club before committing to the full term.
Payment made on arrival.

BOOK YOUR PLACE TODAY!

[CLICK HERE TO APPLY](#)

SPACES ARE CONFIRMED BEFORE PAYMENT IS REQUESTED.
NO PAYMENTS ARE TO BE MADE BEFORE SPACE CONFIRMATION.

Multi-class
discounts
available

COME AND JOIN OUR CLASSES TODAY!

Every Child Matters